

## GINGER WELLNESS SHOT

ALL NATURAL

#### **ARE YOU LOOKING FOR NATURAL PRODUCTS TO ENHANCE IMMUNITY?**

#### DO YOU SUFFER FROM INFLAMMATION?

#### ARE YOU LOOKING TO IMPROVE YOUR **OVERALL GUT HEALTH?**

Our Ginger shot is a healthy dose of flavorful ginger. Take it straight or use it to spice up your choice of beverage. 10 calories or less per serving

MPROVE GUT HEALTH

**BOOST IMMUNITY** 

FIGHT NAUSEA

NATURAL ENERGIZER

**BE A WELLNESS WARRIOR** 

# ER WELLNESS SHOT ER WELLNESS NGER WELLNESS urmeric SHOT with Cinnamon NET OTY: 16 fl. oz (475 ml)

#### AVAILABLE IN REGULAR, **VEGAN & ZERO SUGAR**

- Ginger Wellness Shot
- Ginger Wellness Shot with Turmeric
- Ginger Wellness Shot with Cinnamon
- Ginger Wellness Shot with Peppermint

#### **A SCIENCE-BASED APPROACH TO HEALTH AND WELLNESS**

- Ginger has been used to treat mental illnesses such as memory loss, dementia, and Alzheimer's disease.
- Ginger has natural properties to help with nausea and vomiting.

#### A GINGER SHOT IN THE MORNING

It is recommended to eat 2-3g of ginger a day.



#### ANOTHER HEALTHY FACT

Ginger is a nutrient powerhouse. It contains vitamin C, vitamin B, thiamine, riboflavin, & niacin as well as minerals such as iron, calcium, & phosphorus.

#### **REDUCE STRESS**

Ginger contains the antioxidant gingerol, which fights chemicals in our body that lead to psychological & physical stress.

#### LOWER BLOOD SUGAR

Eating up to 4g of ginger per day can help lower your blood sugar levels and regulate insulin production.

#### **RELIEVES INDIGESTION**

Ginger before meals flushes your system faster, leaving less time for food to sit and cause problems.

#### **DISTRIBUTED BY: SAKUN, INC., CARY, NC 27519**

\*Ginger and turmeric can interact with medications taken for medical conditions such as diabetes and high blood pressure as well as blood thinners. Seek advice from your health care provider about potential interactions before using ginger

### **ALL NATURAL INGREDIENTS**

#### FRESH INGREDIENTS We

Our wellness shots use all-natural ingredients. Clean foods you recognize, no BS.

#### NATURALLY POWERFUL **ANTIOXIDANT & ANTI-INFLAMMATORY**

Ginger is an anti-inflammatory, which means it reduces swelling. That may be especially helpful for treating symptoms of both rheumatoid arthritis and osteoarthritis

#### THE HYPE **IS REAL**

Ginger has been used in eastern medicine for centuries. We offer a concentrated shot full of nutrients you recognize so you can receive the benefits without putting harmful unnecessary chemicals into your body





